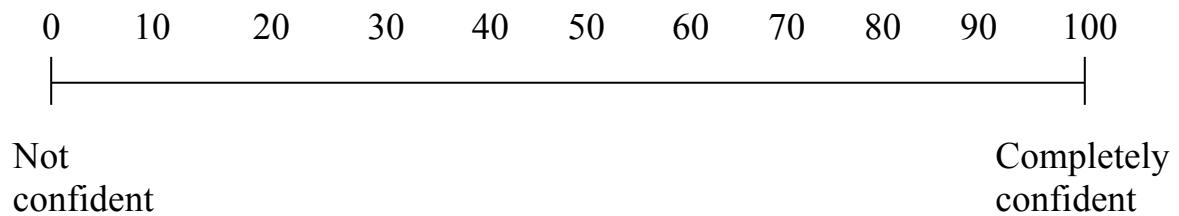


Wheelchair Use Confidence Scale for Power Wheelchair Users (WheelCon-P, Version 2.0)

Name/ID: _____ Date: _____

Tester: _____ Start Time: _____ Finish Time: _____

Instructions: A number of situations are described below that can challenge confidence when using a power wheelchair. Please rate how confident you are *as of now* for each of the situations described using the following scale:



For example, a person may be 82% confident they can memorize a grocery list of 5 items, but only 63% confident they can memorize a grocery list with 10 items.

For items requiring physical ability, rate your confidence in performing the activity in a **safe** manner. For this assessment, confidence refers to your **belief** in your ability to perform each item independently.

Answer **all items** even if it is not a situation you would normally experience. If you have **never** experienced the situation, please rate your confidence as if you had to safely attempt it today.

Some questions include measurement, such as 5cm. Please refer to the ruler on the last page of this assessment if you are uncertain about these measurements.

As of now, how confident are you that you:	Confidence (0-100)
1) know how to use all of the functions on your controller, such as drive modes, tilt or lift?	
2) know the correct drive mode to select in different environments?	
3) know when you need to charge your batteries?	
4) can drive around furniture in your own home?	
5) can manoeuvre your wheelchair in small spaces, such as a bathroom?	
6) can transfer from your wheelchair to your bed?	
7) can transfer from your wheelchair to your toilet or commode?	
8) can transfer from your wheelchair into your bathtub (including use of bath seats) OR using your commode to get into your shower stall.	
9) can transfer from the floor to your wheelchair?	
10) can make a meal or snack while using your wheelchair?	
11) can drive your wheelchair through a door that opens automatically?	
12) can open, go through, and then close a standard (32") lightweight door?	
13) can open and go through a spring loaded door?	
14) can drive your wheelchair along a dry, flat, paved sidewalk?	
15) can drive your wheelchair up a standard ramp, built to code (5° incline)?	
16) can drive your wheelchair down a standard ramp, built to code (5° incline)?	
17) can drive your wheelchair up a 5° slope that has poor traction?	

18) can drive your wheelchair down a 5° slope that has poor traction?	
19) can drive your wheelchair up a dry steep slope?	
20) can drive your wheelchair down a dry steep slope?	
21) can come to a controlled stop on a steep slope without your body sliding or slumping forward?	
22) can drive your wheelchair up a curb cut?	
23) can drive your wheelchair down a curb cut?	
24) can manoeuvre your wheelchair to press the crosswalk button and cross the street before the traffic light changes?	
25) can cross a street with light traffic at a crosswalk with no traffic lights?	
26) can drive your wheelchair across 3m (10ft) of flat, freshly mowed, dry grass?	
27) can move your wheelchair from the sidewalk to the grass, with a 3cm (1") height difference?	
28) can drive your wheelchair through a pothole that is wider than your wheelchair and 5cm (2") deep?	
29) can drive your wheelchair along a dirt path or trail with some tree roots and rocks?	
30) can drive your wheelchair across 3m (10ft) of flat, unpacked gravel?	
31) can drive your wheelchair along a sidewalk with 5 cm (2") of snow?	
32) can drive your wheelchair up a single 5cm (2") step to change levels between rooms?	
33) can drive your wheelchair down a single 5cm (2") step to change levels between rooms?	
34) can drive your wheelchair through a crowd of people without hitting anyone?	

35) can ask people to move out of your way while driving your wheelchair?	
36) can stop suddenly to avoid hitting a moving object, such as a small child or a dog?	
37) can drive down a store aisle that has just enough room for your wheelchair without knocking items over?	
38) can find a place to charge your batteries when you are not at home?	
39) can manage toileting activities while in an accessible washroom?	
40) can use public transportation within your town?	
41) can travel on an airplane?	
42) can do your chosen leisure activities in your power wheelchair?	
43) can do your work or volunteer activities in your wheelchair?	
44) can use strategies, such as humour, that will help people feel comfortable if they are unsure how to act because you use a wheelchair?	
45) can correct others' mistaken beliefs about people who use power wheelchairs?	
46) can present yourself as you wish to be seen while in your wheelchair around acquaintances, colleagues or peers ?	
47) can present yourself as you wish to be seen when you are in public and feel people are watching you?	
48) can present yourself as you wish to be seen while in your wheelchair when you want to impress others, such as during a job interview?	
49) can problem solve how to get to your destination when there is an unexpected situation, such as construction detours on a sidewalk?	
50) can drive within the safety limits of your wheelchair so that it won't tip over?	
51) can continue to drive your wheelchair in a situation that is making you feel anxious or nervous?	

52) know when your wheelchair is not working properly?	
53) know what to do if your wheelchair has suddenly stopped working?	
54) know what to do if you fall out of your wheelchair?	
55) can ask a stranger for help?	
56) can advocate for changes you want made to your wheelchair, such as a different cushion to be more comfortable?	
57) can advocate for changes you want in your home, such as a roll-in shower?	
58) can advocate for your needs at work or school?	
59) can advocate for changes in your community, such as adding an accessible bus route in your neighbourhood?	
TOTAL SCORE	

Measurement Scale 0-5cm

0 cm 3 cm 5 cm

